What are things that people of China are worried about担心?

1. I’m not the archetypal典型的 middle-aged Chinese woman, but my mid-life crisis危机 is brewing酝酿、沏茶 pending在等待。。的期间 my early提早 retirement.

2. I work in an industry行业 known for以。。闻名 a high staff turnover营业额/员工流动率, which has prompted促使。。发生 my readiness准备就绪 to go frequent频率高 job-hopping跳槽. One can never boast of自夸 his seniority资历 except for除了 the founder of the companies, where energy underlies构成。。的基础 the success of them, and therefore=so the male男性 superiors优于/上司 hold an entrenched根深蒂固 and manifest明显的=obvious ,evident discrimination歧视 against aged adj年老的v变老the ageing population老去的人们 subordinates下属, especially the women. A principal校长 of a famous cram塞进去/死记硬背 school补习学校 once曾经 despised鄙视 a female teacher aged 30 plus in front of me merely=only because she is a “loner不合群者” in his eyes: a person who has thrown投身到 herself into the career, hence所以 the isolation隔离 from friends and family.

营业额，流动率 资历 高级的，上司 obvious ,evident the ageing population

3. This was the example he cited引用 for me to steer clear of避免. But what he didn’t know is that I actually heard something very different from the students about this teacher he mentioned提到 when I was working part-time兼职 in another school, who学生 commended赞扬 her for her rich teaching experience and her proficiency精通于 in English. That’s why I heard of her, even if尽管 we had never met. Even though the tycoons in our industry are in denial否认 about their sex and age discrimination in the recent news, they have yet to应当却没有去做+do take viable可兴的 actions take action采取行动 to counter抵制 this phenomenon现象.

巨头

4. This principal校长 is not alone单独. This blatant公然的做不好的事 bias偏见 against one’s age歧视 has been a long-standing长期存在 issue事情 in mainland. About 10 years ago, I began to fret about担心 the possibility of began made redundant被解雇 when I’m in my 30s, after I saw a want ad招聘广告 from a company in Beijing, which required要求 the applicants求职者 to be under 30. **It was** this ad **that** made me awake醒悟到 to the danger of my awfully极其的 short working life工龄—8 years were left for me to become too hideous极其丑陋的 for the students to look at and too debilitated 虚弱to yield profits产生利润 for the head of the schools.

此处begin改为began 改为too hideous

5.My rosy玫瑰，美好的 projection预测 and outlook人生观 formed in my childhood about my marriage and career was then at that time substituted被替代 by my resolution决定做 to find the hedges防范手段 against the corollaries必然的结果 of my ageing可去e 可不去e，变老，老龄化, before the principals find the younger staff in lieu of替代+sb me. Considering that考虑到 inexperienced teachers are a dime a dozen非常多且不值钱 in mainland and the companies in my industry never battle with与什么搏斗 conscience良心 over the dismissal解雇dismiss of the old employees, I thought that it was time for me to take immediate action rather than而不是 biding my time等待我的时机.

6. I set about开始做 taking the following接下来的 measurestake measure 采取措施:

1. Knowing that my extension延长 of the career is contingent取决于 on my working experience, I bulldozed强迫oneself into doing myself into taking the business trips 出差that other female teachers in my school were averse不愿意 to.

and accepting the tricky 棘手的and unjustifiable不合理的 tasks that were assigned分配 by the schools.

2. To avoid wasting time on the futile无用的 infighting内部斗争 with the “drama queens小题大做的人” in the office, I take part-time jobs in various各种各样的 companies. Without the malevolent不怀好意 colleagues同事 picking on故意刁难 me after their full-scale全面的 character性格 assassination人身攻击，暗杀 behind me and the supervisors主管 regulating管理 me with lengthy长时间 meetings that are to the detriment对什么不利 of both my physical身体 and mental心理 well-being健康/, I’d expend more time ruminating仔细思考 on the ways方法 to refine提炼/改进 my teaching skills and reading the templates样板 written by Westerners, which was excruciating痛苦的, but was in my own long-term interests利益 to do so这么去做.

8. With many of colleagues leading a life在过什么生活 beyond their means超值 and lavishing挥霍 a lot of money on steep山崖陡峭，昂贵 outfits全套服装, I lead a thrifty节约的 and austere朴素的 life, by buying cheesy廉价的 clothes or sometimes even refraining me from buying any clothes for a whole year so that以便可以。。 I can accumulate积累 material物质的，+girl 物质女孩 wealth财富, which, I believe, can prevent阻止 me from being knocked打击 askew歪斜 by my own lot命运, especially after my stamina耐力 levels out下降后来就持平了 after 35.

9. Now, I’ve already turned 30 and all the things that I predicted预测 are taking place发生 one by one: the supervisors主管 of different companies either push down压低 my salaries by telling me that people over the age of 30 have difficulties in做什么很困难 memorize or simply仅仅 decline拒绝 my application申请 with various excuses. In addition, I have to appease安抚 my mom when my relatives亲切的 passed away去世 or when she was invited to her friends’ or acquaintances’认识的人 funerals, from which I am fully aware of the inevitability不可避免 of some matters that are out of our depth力所不能 and will speed up加速 when someone turns 50.

10. Fortunately, I’ve secured v成功获得 enough fixed固定 asset资产 for my late years, even though尽管even if the rental租金 yield收益 has been stagnating停滞 for years and the government is going to levy征收 taxes on additional额外的 apartments one owns拥有. So, I’m more concerned about关心 the sagging下跌 price of my apartment than my impending adj 即将发生 infertility不孕的 that my mom constantly持续性的 warns警告 me of. She has been severely严格 following her regimen养生 by having some low impact低冲击力 exercises锻炼 that the doctors imparted传授 to her and severely严格的 controlling控制 the fat and sugar intake摄入. She told me yesterday that her friend’s mother-in-law岳母 has just died of high blood pressure at home in minutes, who is only 8 years older than her. As a result, she suggested that we should go travelling overseas next year to pamper尽情享受 ourselves, in case以免xx发生 虚拟语气 something like this should happen at any minute随时.